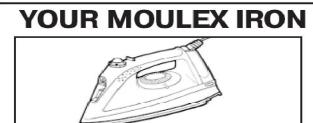
# General Training Module

PART ONE

You are advised to spend 20 minutes on *Questions* 1-14. First, read the text below and answer *Questions* 1-8.



### A Filling the reservoir

Your iron is designed to function using tap water. However, it will last longer if you use distilled water.

- Always unplug the iron before filling the reservoir.

- Always empty the reservoir after use.

#### **B** Temperature and steam control

Your Moulex iron has two buttons which control the intensity of heat produced by the iron. You can, therefore, adjust the temperature of the iron and the amount of steam being given off depending upon the type of fabric being ironed.

- Turn the steam control to the desired intensity.

- Turn the thermostat control to the desired temperature.

*Important:* If your iron produces droplets of water instead of giving off steam, your temperature control is set too low.

#### C Spray button

This button activates a jet of cold water which allows you to iron out any unintentional creases. Press the button for one second.

### D Pressing button

This button activates a super shot of steam which momentarily gives you an additional 40g of steam when needed.

*Important:* Do not use this more than five successive times.

#### E Suits etc.

It is possible to use this iron in a vertical position so that you can remove creases from clothes on coathangers or from curtains. Turning the thermostat control and the steam button to maximum, hold the iron in a vertical position close to the fabric but without touching it. Hold down the pressing button for a maximum of one second. The steam produced is not always visible but is still able to remove creases.

**Important:** Hold the iron at a sufficient distance from silk and wool to avoid all risk of scorching Do not attempt to remove creases from an item of clothing that is being worn, always use a coathanger.

### F Auto-clean

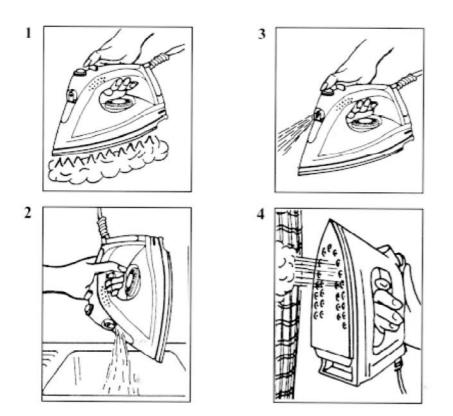
In order that your iron does not become furred up, Moulex have integrated an auto-clean system and we advise you to use it very regularly (1-2 times per month).

Turn the steam control to the off position.
Fill the reservoir and turn the thermostat control to maximum.

- As soon as the indicator light goes out, unplug the iron and, holding it over the sink, turn the steam control to auto-clean. Any calcium deposits will be washed out by the steam. Continue the procedure until the reservoir is empty.

### Questions 1-4

Match the pictures below to the appropriate section in the instructions. Write the correct lette *A*-*F* in boxes 1-4 on your answer sheet.



### Questions 5-8

Answer the following questions on the Moulex iron using NO MORE THAN THREE WORDS. Write your answers in boxes 5-8 on your answer sheet.

- 5 What sort of water are you advised to use?
- 6 What factor makes you decide on the quantity of steam to use?
- 7 What should you do if your iron starts to drip water?
- 8 What could damage your iron if you do not clean it?

Now, read the information below and answer Questions 9-14.

# **CLASSIC TOURS -** COACH BREAK INFORMATION

### Luggage

We ask you to keep luggage down to one medium-sized suitcase per person, but a small holdall can also be taken on board the coach.

### Seat Allocation

Requests for particular seats can be made on most coach breaks when booking, but since allocations are made on a first come first served basis, early booking is advisable. When bookings are made with us you will be offered the best seats that are available on the coach at that time.

### **Travel Documents**

When you have paid your deposit we will send to you all the necessary documents and labels, so that you receive them in good time before the coach break departure date. Certain documents, for example air or boat tickets, may have to be retained and your driver or courier will then issue them to you at the relevant point.

### **Special Diets**

If you require a special diet you must inform us at the time of booking with a copy of the diet. This will be notified to the hotel or hotels on your coach break, but on certain coach breaks the hotels used are tourist class and whilst offering value for money within the price range, they may not have the full facilities to cope with special diets. Any extra costs incurred must be paid to the hotel by yourself before departure from the hotel.

### Accommodation

Many of our coach breaks now include, within the price, accommodation with private facilities, and this will be indicated on the coach break page. Other coach breaks have a limited number of rooms with private facilities which, subject to availability, can be reserved and guaranteed at the time of booking - the supplementary charge shown in the price panel will be added to your account.

On any coach break there are only a limited number of single rooms. When a single room is available it may be subject to a supplementary charge and this will be shown on the brochure page.

### Entertainment

Some of our hotels arrange additional entertainment which could include music, dancing, film shows, etc. The nature and frequency of the entertainment presented is at the discretion of the hotel and therefore not guaranteed and could be withdrawn if there is a lack of demand or insufficient numbers in the hotel.

# Questions 9-14

Choose the appropriate letters A-D and write them in boxes 9-14 on your answer sheet.

9 If you want to sit at the front of the coach

- A ask when you get on the coach.
- **B** arrive early on the departure date.
- C book your seat well in advance.
- **D** avoid travelling at peak times.

### 10 Your air tickets

- A will be sent to your departure point.
- **B** must be collected before leaving.
- C will be enclosed with other documents.
- **D** may be held by your coach driver.

11 If you need a special diet you should

- A inform the hotel when you arrive.
- **B** pay extra with the booking.
- C tell the coach company.
- **D** book tourist class.

12 It may be necessary to pay extra for

- A a bathroom.
- **B** boat tickets.
- C additional luggage.
- **D** entertainment.

13 Entertainment is available

- A at all hotels.
- **B** if there is the demand.
- C upon request.
- **D** for an additional cost.

14 With every booking Classic Tours guarantee you will be able to

- A request high quality meals.
- **B** take hand luggage on the coach.
- C use your own personal bathroom.
- **D** see a film if you want to.

## PART TWO

# You are advised to spend 20 minutes on Questions 15-29. Questions 15-21

Look at the article Clubs for Students. Which club would you contact for each of the requirements below? Write the appropriate letter A-G in boxes 15-21 on your answer sheet. You may use each letter more than once. The first one has been done for you as an example.

Example	Answer	
You wish to go swimming at 7am every morning.	G	

- 15 You would like to take Spanish classes.
- 16 You want to join a club that has international branches.
- 17 You would like an opportunity to speak in public.
- 18 You would like to take part in amateur theatrical productions.
- 19 You want to visit some famous sites with a group of other students.
- 20 You are interested in finding out about part-time work.
- 21 You want to meet some English people who have started their careers.

# **CLUBS FOR STUDENTS**

There are a variety of Clubs which provide social and cultural activities for those wishing to meet others with similar interests from the same or from different national backgrounds.

### A Commonwealth Trust

Organised discussion meetings, learned talks, cultural events excursions to places of interest and invitations to major British diary events Open to overseas visitors and students.

### **B** Charles Peguy Centre

French youth centre providing advice, support and information to young Europeans aged between 18-30. Facilities include an information and advice service regarding education, work placement and general welfare rights. Moreover the centre holds a database of jobs, accommodation and au pair placements specifically in London. Members may use a fax machine a copier and computers for CVs. Hours Monday: 14.00-17.00 Tuesday-Friday: 10.00-17.00 Membership: £35 per year, plus £5 per month.

# C Kensington Committee of Friendship for Overseas Students

KCOF is the society for young people from all countries. Each month there are some 40 parties, discos, visits to theatres, concerts, walks and other gatherings where you will be able to meet lots of people. A new programme is sent each month directly to members (£5 to join in October, less later in the year). Events are free or at low often reduced prices. Office open 10.30-17.30 weekdays only

### D Royal Overseas League

Open 365 days per year, this is a club with facilities in London and Edinburgh with restaurants, bars and accommodation.

There are branches around the world and 57 reciprocal clubs world-wide. Quarterly magazine, literary lectures, annual music and art competitions, and summer and winter programme of events for members. Membership fees overseas students aged 17-24 £47 per year + initial joining fee £23.50; others £70 per year + initial joining fee £35 (half price after July). Further information from the Membership Secretary.

### E YMCA London Central

Facilities include photography art drama, pottery, language courses, badminton, squash, exercise to music, circuit training, sports clinic, fitness testing and other activities.

Hours weekdays 07.00-22.30, weekends 10.00-21.00. Membership fees: aged 16-17 £25 per year plus attendance charge of £1 30 per visit; aged 18-19 £213 per year; aged 20-25 £366 per year

### F London Inter-Varsity Club (IVC)

IVC is an activities and social club with a varied range of events, from cycling and drama to windsurfing and yoga. Most members are young English professionals, but overseas visitors are welcome. The club arranges restaurant meals, dancing and parties, weekends away around Britain, plus a weekly club night in a Covent Garden bar. There are usually over 25 different events every week run by IVG members for IVC members. To find out more, telephone the club or write (Freepost) to the office.

### G Central Club

Provides accommodation and club facilities. No membership fee. Coffee shop open for all meals swimming pool (open 06.00), multigym, hairdressing salon.

# Questions 22-29

*Read the article on International Students House and look at the statements below. In boxes 22-29 on your answer sheet write* 

TRUEif the statement is trueFALSEif the statement is falseNOT GIVENif the information is not given in the passage

The first one has been done for you as an example.

<i>Example</i>	Answer
Answer The club is for overseas students only.	FALSE

- 22 The club has long-term dormitory accommodation.
- 23 Membership must be renewed monthly.
- 24 The club provides subsidised restaurant meals.
- 25 The club is open to non-members on Tuesday evenings.
- 26 STA Travel help finance the Students Adviser.
- 27 The services of the Students Adviser are free to all club members.
- 28 You must make an appointment to see the Students Adviser.
- 29 There will be a surcharge for accommodation over the Christmas period.

# INTERNATIONAL STUDENTS HOUSE

International Students House is a unique club and accommodation centre for British and overseas students in London. It is located in the heart of London's West End and is close to all public transport facilities.

### ACCOMMODATION

\* comfortable accommodation for up to 450 people in single, twin, 3/4 bedded and multi-bedded rooms \* 44 self-contained flats for married students and families \* long and short stays welcomed

\* long and short stays welcomed

### MEMBERSHIP

Club membership is open to all fulltime students, professional trainees, student nurses and au pairs. Membership costs are kept to an absolute minimum to enable the widest possible access. You can join for as little as one month and for up to one year at a time. Membership entitles you to use the various facilities of the House. It has:

- \* restaurants
- \* student bars and coffee shop
- \* study rooms
- \* clubs and societies
- \* aerobics and fitness training
- \* discos, dance, jazz and cinema
- \* travel and excursions and much

more! The best way to check out all we have on offer is to drop in any Tuesday evening between 7.15 pm and 8.30 pm for **Open House** in the Club Room. This is an opportunity for you to meet the staff and other club members, enjoy a free cup of coffee and find out all about what's going on. You can take advantage of special membership offers. (Useful tip: bring along 3 passport size photographs if you wish to take out membership.)

### ADVICE SERVICE

Thanks to the support of STA Travel and in association with LCOS (the London Conference on Overseas Students) International Students House now provides the service of an International Students Adviser, This new welfare service is open to all students at London's bona-fide academic institutions. It aims to provide welfare support to help students overcome any personal or practical difficulties they may be experiencing whilst studying in Britain. One of the key features of the Advice Service is that the Adviser can be seen during the evenings until about 8 pm, Monday to Thursday.

### **CHRISTMAS & NEW YEAR**

Unable to get home for Christmas? How about joining in the fun at International Students House! Check out our special programme of activity taking place over the Christmas period. Even come and stay - the House will be offering reduced accommodation rates for students wishing to spend a few days in London over Christmas. We'll also have an exciting New Year's Eve party so come and join us and ring in the new year in the spirit of internationalism.

### PART THREE

## **READING PASSAGE 3**

You should spend about 20 minutes on **Questions 30-41** which are based on the Reading Passage below.

# PAPER RECYCLING

- A Paper is different from other waste produce because it comes from a sustainable resource: trees. Unlike the minerals and oil used to make plastics and metals, trees are replaceable. Paper is also biodegradable, so it does not pose as much threat to the environment when it is discarded. While 45 out of every 100 tonnes of wood fibre used to make paper in Australia comes from waste paper, the rest comes directly from virgin fibre from forests and plantations. By world standards this is a good performance since the world-wide average is 33 per cent waste paper. Governments have encouraged waste paper collection and sorting schemes and at the same time, the paper industry has responded by developing new recycling technologies that have paved the way for even greater utilisation of used fibre. As a result, industry's use of recycled fibres is expected to increase at twice the rate of virgin fibre over the coming years.
- B Already, waste paper constitutes 70% of paper used for packaging and advances in the technology required to remove ink from the paper have allowed a higher recycled content in newsprint and writing paper. To achieve the benefits of

recycling, the community must also contribute. We need to accept a change in the quality of paper products; for example stationery may be less white and of a rougher texture. There also needs to be support from the community for waste paper collection programs. Not only do we need to make the paper available to collectors but it also needs to be separated into different types and sorted from contaminants such as staples, paperclips, string and other miscellaneous items.

C There are technical limitations to the amount of paper which can be recycled and some paper products cannot be collected for re-use. These include paper in the form of books and permanent records, photographic paper and paper which is badly contaminated. The four most common sources of paper for recycling are factories and retail stores which gather large amounts of packaging material in which goods are delivered, also offices which have unwanted business documents and computer output, paper converters and printers and lastly households which discard newspapers and packaging material. The paper manufacturer pays a price for the paper and may also incur the collection cost.

D Once collected, the paper has to be sorted by hand by people trained to recognise various types of paper. This is necessary because some types of paper can only be made from particular kinds of recycled fibre. The sorted paper then has to be repulped or mixed with water and broken down into its individual fibres. This mixture is called stock and may contain a wide variety of contaminating materials, particularly if it is made from mixed waste paper which has had little sorting. Various machinery is used to remove other materials from the stock. After passing through the repulping process, the fibres from printed waste paper are grey in colour because the printing ink has soaked into the individual fibres. This recycled material can only be used in products where the grey colour does not matter, such as cardboard boxes but if the grey colour is not acceptable, the fibres must be de-inked. This involves adding chemicals such as caustic soda or other alkalis, soaps and detergents, water-hardening agents such as calcium chloride, frothing agents and

bleaching agents. Before the recycled fibres can be made into paper they must be refined or treated in such a way that they bond together.

E Most paper products must contain some virgin fibre as well as recycled fibres and unlike glass, paper cannot be recycled indefinitely. Most paper is down-cycled which means that a product made from recycled paper is of an inferior quality to the original paper. Recycling paper is beneficial in that it saves some of the energy, labour and capital that goes into producing virgin pulp. However, recycling requires the use of fossil fuel, a non-renewable energy source, to collect the waste paper from the community and to process it to produce new paper. And the recycling process still creates emissions which require treatment before they can be disposed of safely. Nevertheless, paper recycling is an important economical and environmental practice but one which must be carried out in a rational and viable manner for it to be useful to both industry and the community.

### Questions 30-36

Complete the summary below of the first two paragraphs of the Reading Passage. Choose **ONE OR TWO WORDS** from the Reading Passage for each answer. Write your answers in boxes 30-36 on your answer sheet.

### SUMMARY

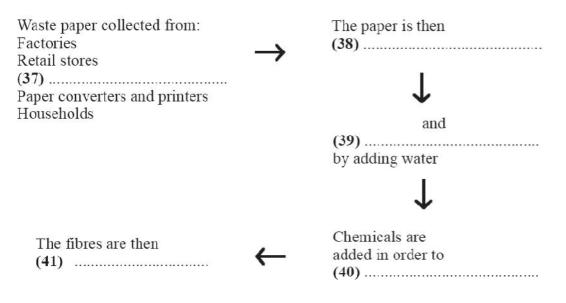
Example

From the point of view of recycling, paper has two advantages over minerals and oil

in that firstly it comes from a resource which is ... (30) ... and secondly it is less threatening to our environment when we throw it away because it is ... (31) ... Although Australia's record in the re-use of waste paper is good, it is still necessary to use a combination of recycled fibre and ... (32) .. to make new paper. The paper industry has contributed positively and people have also been encouraged by ... (33) ... to collect their waste on a regular basis. One major difficulty is the removal of ink from used paper but ... (34) ... are being made in this area. However, we need to learn to accept paper which is generally of a lower ... (35) ... than before and to sort our waste paper by removing .. (36) .. before discarding it for collection.

## Questions 37-41

Look at paragraphs C, D, and E and, using the information in the passage, complete the flow chart below. Write your answers in boxes 37-41 on your answer sheet. Use **ONE OR TWO WORDS** for each answer.



Questions 1-8

Question	Answer	
1	D	
2	A	
3	С	
4	E	
5	distilled (water)	
6	the (type of) fabric	
7	turn up/increase temperature	
8	calcium deposits//furring up	

Questions 9-14

#### Suggested approach

- Read the task rubric carefully. Only one option (A-D) is correct in each case.
- Read question 9 and the four options.
- Scan the headings in the text to see if any of them are about *seating* on the coach. The section entitled "Seat Allocation" refers specifically to this.
- Skim through that section of the text and find out what you have to do if you want to sit at the front of the coach.
- This paragraph focuses entirely on the importance of booking early if you want a particular seat. So the answel to question 9 is C.

Although all the other options are possible, only C is stated in the text.

• Repeat this procedure with questions 10-14.

Question	Answer	Location of answer in text
9	С	"Requests for particular seats can be made on most coach breaks when booking"
10	D	" air or boat tickets may have to be retained and your driver or courier will then issue them to you at the relevant point."
11	С	"If you require a special diet you must inform us at the time of booking"
12	А	"Other coach breaks have a limited number of rooms with private facilities the supplementary charge shown in the price panel will be added to your account."
13	В	"The entertainment could be withdrawn if there is a lack of demand"
14	В	" a small holdall can also be taken on board the coach."

Question 15-21

Question	Answer
15	Е
16	D
17	А
18	Е
19	А
20	В
21	F

Questions 22-29

### Suggested approach

- Read the task rubric carefully. Note that you have to make a judgement about the list of statements.
- Note the difference between information that is false (i.e. the passage says the opposite) and information that is not given (i.e. not stated in the passage at all).
- Read question 22. This statement is about overnight accommodation.
- Scan the paragraph headings for a reference to accommodation. The first heading is "Accommodation"
- Skim through this section of the text to see if there is any information about how long you can stay at the club for. At the end of the section it states: "long and short stays welcomed". So the answer to question 22 is True.
- Repeat this procedure with questions 23-29.

Question	Answer	Location of answer in text
22	Т	"long and short stays welcomed"
23	F	"You can join the Club for up to one year at a time."
24	NG	
25	Т	Gist of last part of Membership section.
26	Т	"Thanks to the support of STA travel International Students House now provides the services of an International Students Adviser."
27	NG	
28	NG	
29	F	" the club will be offering reduced accommodation rates for students wishing to spend a few days in London over Christmas."

### Suggested approach

- Read the task rubric carefully.. You have to complete the summary by filling in the spaces with *words from the passage*. The words must fit in meaning and also be grammatically correct.
- Read the summary to familiarise yourself with it. It may be possible to find words without reading the original text, but if you do this you may pick words which are not in the text, in which case your answer will be *incorrect*. So you must look for a word within the passage which has the right meaning and which is the correct part of speech for the space.
- Read the first item in the summary.
- Look at the text and see if you can find the same information there. For item 30, the first sentence discusses the qualities of paper that make it different from other waste products. The text states that paper comes from a "sustamable resource". So "sustamable" is a correct answer.
- Sometimes there are alternative answers that are correct in this type of question. For item 30, "replaceable" is also a possible answer because it says a little further on in the text, "trees are replaceable".
- Note however that "renewable" is not an acceptable answer because although it is a synonym and makes sense, it is not in the original text.

Question	Answer	Location of answer in text
30	sustamable// replaceable	"Paper comes from a sustamable resource"
31	biodegradable	"Paper is also biodegradable, so it does not pose as much threat to the environment when it is discarded."
32	virgin fibre/ pulp	" the rest comes directly from virgin fibre"
33	governments //the government	"Governments have encouraged waste paper collection and sorting schemes"
34	advances	" advances in the technology required to remove ink"
35	quality	"We need to accept a change in the quality of paper products"
36	contaminants	" it also needs to be sorted from contaminants

Questions 37-41

Question	Answer
37	offices
38	sorted
39	(re)pulped
40	de-ink/remove ink//make white
41	refined